

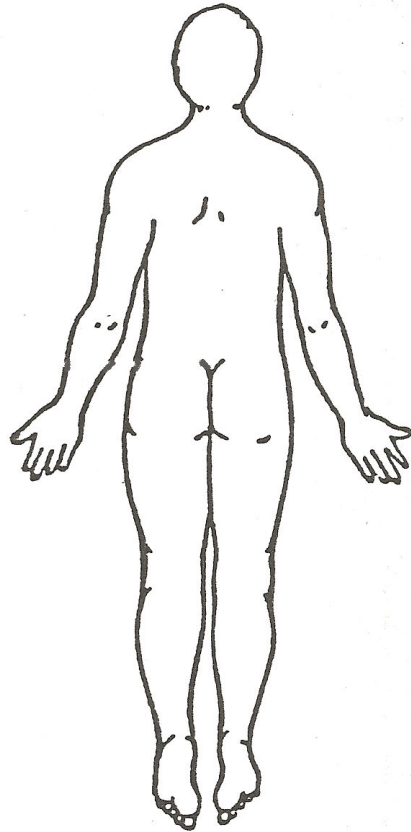
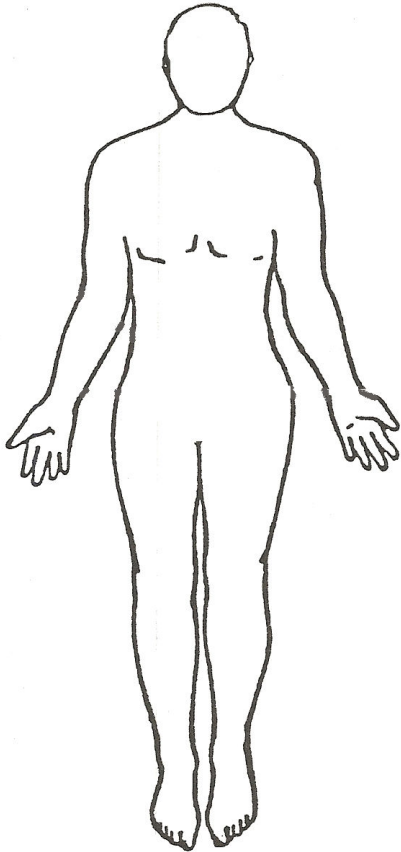
Please mark on the charts below, where you have pain

Use the following marks

xxx pain

=== pins and needles

ooo numbness



Using a 0-10 scale, 0/10 no pain, 10/10 the worst possible pain, and 5/10 you'd like to take a pain reliever to take the edge off.

please rate your pain:

best \_\_\_\_\_

worst \_\_\_\_\_

at rest \_\_\_\_\_

with activity \_\_\_\_\_